



JANUARY 2019 | GHENT
THE VITAL APPROACH TRAINING KICKS OFF

ANNE VERVARCKE
TEACHES A THREE YEARS HEAD AND HEART
HOMEOPATHY EDUCATIONAL PROGRAM

Anne Vervarcke

After teaching for 27 years in the CKH, (Center of Classical Homeopathy), which closed its doors June 2018, I concluded I love homeopathy and teaching so much that I'll continue one way or another. I'd love to hand over not only the accumulated knowledge and experience but also the enthusiasm that hasn't withered over the years, quite on the contrary! Homeopathy never ceased to amaze me, fascinate me and challenge me and without exaggeration it is even the only thing so far that hasn't.

When I started teaching 27 years ago the program that I created consisted of thorough studying the Organon, the old masters and the classical Materia Media. The pace was comparatively slow and tedious as I felt the students needed this time for the required paradigm shift. As I wanted to guarantee the students a high level of education I strived for recognition as Bachelor's and eventually a Master's degree but despite relentless efforts, the tide was against homeopathy and ever limiting rules and regulations thwarted all our attempts. Maybe the time wasn't ripe yet. But as my core believe is that everything is here to help us (becoming the best version of ourselves), having to close the doors of the CKH meant that space was created for the more up-to-date training model that was emerging.

My aim now is to share everything I know and all I've seen what homeopathy can do, enthuse students and when they feel the calling, encourage them to embark on this most exciting journey. It will take us to the edges of believe systems and the depths of understanding disease and health. We will open a treasure chest of healing modalities you had no idea was there waiting to be discovered.

The practicing homeopath will remain a student forever as his material is the human being, always unique, always new and unknown. We'll learn and mature with every patient observed and witnessed; he is as much a blessing to us, grateful to be in the position to 'restore sickness into health'.

Homeopathy is not only about physiology, pathology, psychology and pharmacology (although that in itself is a vast research field) but also about minerology, chemistry, taxonomy, botany, zoology, spirituality, ecology, in short: about everything in the world out there. We are woven in the web of life and connected in various ways. The law of similars takes us to our inner and outer map of reality. At the same time we will keep our feet firmly on the ground, study our classics, and use common sense and wit to guide us.

Studying homeopathy is a fascinating journey in which we develop our faculty of discernment, sharpen our observation skills and extend our empathy. The more you delve into it, the more you'll be amazed.

I know, Homeopathy tends to carry me away, I hope it will do so to you too!



What others say about Anne

"Anne is one of the most experienced and - what is more - the most passionate colleagues in homeopathy whom I had the joy to meet. After decades of working with patients, teaching and developing her own style and method, she is now offering a new and up to date learning program for homeopathy.

For the beginner as well as for the experienced it will be a great privilege to learn with her."

– Joerg Wichmann

"Anne Vervarcke is an inspiring teacher with her enthusiasm and has the ability to make complex subjects easily understood. She is innovative with her cutting edge renewal within the arts of healing always open to find new ways of knowledge. Her knowledge is holistic expanding beyond the medical and including topics deep within modern physics, chemistry, botany and psychology to mention a few. Anne is very productive with her vital approach to life and the healing arts in particular."

– Andreas Björndal

"One of your grand characteristics is positivity. Your inner and outer smile is how I experience it, the radiance which is Anne. It is your radiance that drives your endeavours forward, and that encourages others to dare, to engage and to succeed."

– Misha Norland

"Anne Vervarcke is one of the few teachers who has the gift of overview informed by a vast experience, both of homeopathic practice as well as of learning needs of her students. This gives her a good start for her new course in a new format."

– Jean Pierre Janssen

"When I came across Homeopathy 38 years ago, I was desperately looking for a guide. If I only had found someone like Anne Vervarcke."

– Franz Swoboda

"(...) in homeopathy we have to bring a new way of thinking. A new wave is needed. And you will be a pioneer in it (...) We have to give and teach the essence, the beauty, the practical way of thinking in homeopathy instead of memorizing a thousands of rubrics."

– Viktoria Bodrogi



Program Vital Approach training

Homeopathy is growing and evolving at enormous speed. Due to the increased interest in the seventies, the booming of schools and practices, and the introduction of the computer, every aspect of homeopathy knew an enormous expansion. Studying homeopathy 30 years ago and now is a whole different thing! Time for a training adjusted and adapted to the present times.

Therefore I happily announce the opening of an up-to-date, brand-new homeopathic training: shorter, more insight, less memorizing and very homeopathic: minimal dose with maximum result!

Head and Heart Homeopathy (HHH)

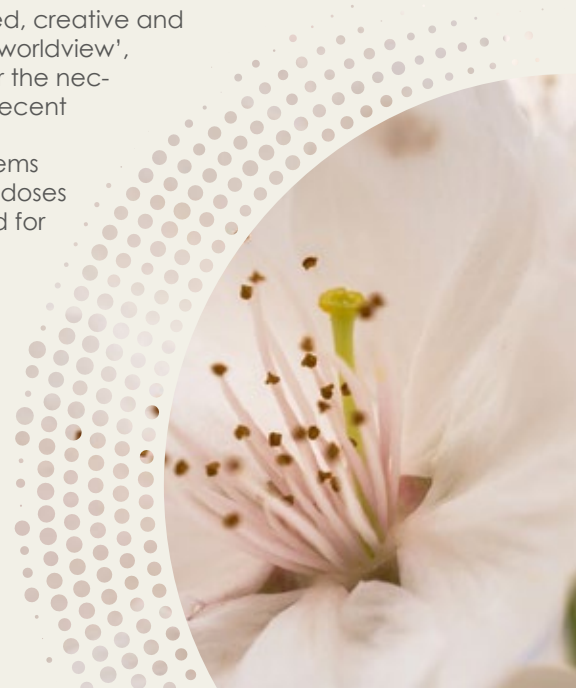
The program is designed in such way that the student will be deeply immersed in the world of homeopathy in 5 blocks a year, getting information and acquiring skills in a condensed, creative and interactive way. Each block will delve in depth in a specific topic, for instance 'worldview', 'health and disease', 'being therapist' and the like, while at the same time offer the necessary background in classical knowledge to fully understand and appreciate recent evolutions.

It will be an exciting investigation of concepts such as holism, health, belief systems and cure with lots of humor, common sense and seriousness alike. The frequent doses of high potency quality education will make sure 'a splendid time is guaranteed for all' (cfr. Sgt. Peppers' Lonely Heart Club Band).

Year one: Defining the territory

To have a good idea of what homeopathy is about and what it is not, we have to define the boundaries of the territory we are about to explore.

What we'll find is a rich body of knowledge there, dating back over 200 years and yet alive and kicking; we'll get to know full libraries written on *Materia Medica*, remedy pictures and provings and how to navigate through them; we'll find that familiar concepts like 'health' and 'disease', 'therapy' and 'cure' at a closer look hold more to them than we assumed or took for granted; we'll



get to meet remedies and study their characteristics until they become our acquaintances; we'll discover anamnesis techniques, analysis logic, the meaning and scope of potentization, levels of experience, the miasm concept, the use of repertories and software programs.

Expect the territory to be new, vast and utterly exciting!

End terms

Finishing this intense year of exploration you know now what homeopathy is all about, you're familiar with its philosophy, theory and data, you can navigate through the data, use a repertory and a computer program. With the knowledge of remedies you can start to use homeopathy for your plants, pets and in simple acutes or very common situations.

Year two: More of the same

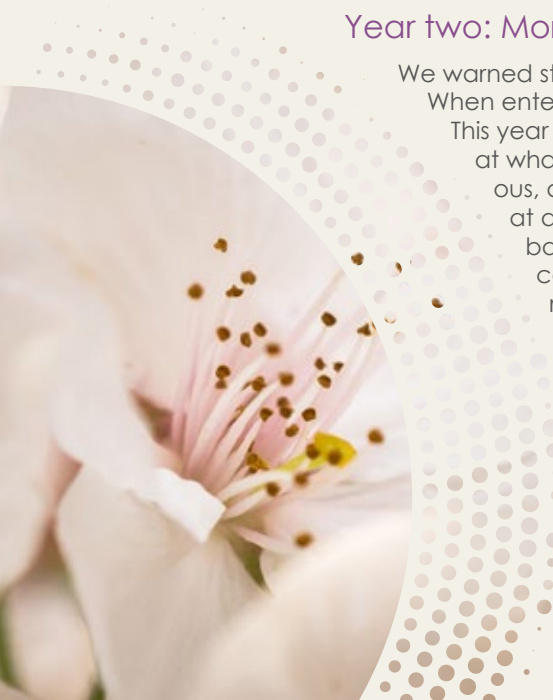
We warned students in the beginning: 'homeopathy is contagious, chronic and incurable.'

When entering year two, homeopathy has already put a spell on you.

This year we'll be delving deeper into the territory to gain a closer and more detailed view at what we already defined to be there. Potency turns out to be unique and mysterious, a symptom can be common or 'Strange, Rare and Peculiar', 'sensation' operates at all levels all of the time, an underlying system turns out to make the gigantic database of *Materia Medica* manageable. We'll learn about the significance of holism, connection and healing, the rules and conditions to fulfill that endeavor and the role of the healer in the process. We'll train our ability to see patterns and sharpen our faculty of discernment, one of the most important instruments we work with. In this way, the left and right hemisphere will be addressed.

Having experimented with homeopathy on your plants, in your garden, on your pets or in acutes, you have seen the rapid restoration from disease into a healthy state and nobody will be able to make you believe homeopathy is slow, placebo or only shaken water. Once you know, you can never not-know again.

When you thought this year was going to be a repetition, you'll have to admit you had no idea so many treasures were hidden there and you'll be in complete awe of what you discovered.





End terms

After this year of sustained study and exchange, homeopathic skills start to feel familiar and the requirements for healing and working with patients are explored. You are now with an extensive tool kit and more foundation equipped to deal with additional and more complex cases with greater certainty. Your knowledge has extended greatly and at the same time insight, empathy, understanding and intuition are addressed as well. You've grown into the art of homeopathy.

Year three: confirmation and conclusion

Knowing the theory and principles of homeopathy with the rational mind is the first step; one has to be informed to know which way to go. After being stored in the Head it touches the Heart when seeing it so many times come to live in video cases and in your own experiences. The knowledge deepens because it is witnessed, you now know. One can change his mind but it is very difficult to change your heart. In order to own what you know to be true for you and use it as a personal tool, it has to sink into the gut, or if you like alliterations: in the Hara. There resides the power house, the will and determination and maybe the most important: the security we need to be a healer.

This year we'll gain these skills by trying out, practicing, exercising and discussing. It will be practical all along but as we fine-tune our analysis, systematics and Materia Medica will inevitably be expanded and deepened too. This year we'll connect all the dots and spot the bigger picture.

Having given life cases for students and homeopaths in Advanced Trainings for over 15 years, I observed that true learning is best achieved by the living example: unpredictable as it may be, it is the closest to the daily practice the student is about to start. Every aspect comes to the surface: the do's and don'ts in anamnesis, the clearness and common sense needed in analysis, the knowledge in order to find the appropriate remedy, and the therapeutic skills to deal with patients. Case management turns out to be as crucial as the first prescription; realistic prognosis and guiding a healing process of major importance. All these are the thrilling subjects of this third year where we'll see the art of homeopathy come to life!

End terms

After finishing this year you are on the way to become a skilled homeopath: what it takes now is practice and gaining experience as much as possible!

Certification

Since every country has different laws and regulations regarding homeopathy and we are in a transition period, accredited certificates have become redundant. Besides that, aiming for recognition of institutions that are not yet well informed about homeopathy doesn't make sense really. When the time is ripe, it will come naturally.

My goal is to preserve homeopathy, to pass it on and to keep the art and science alive in order to have ready and able practitioners to when the demand grows again. Therefore, the course does not include exams or tests but a certificate of attendance will be delivered for each module.



Practical

When: Start of the program: 2019.

Teachings from Friday 14.00 until Sunday 14.30.

Dates: 11-13/1, 8-10/2, 17-19/5, 6-8/9, and 15-17/11.

Where: in the heart of the old city of Ghent in a beautiful B&B aanaajaanaa with adjacent classroom:

www.aanaajaanaa.be

The B&B is ecological even to the paint on the walls and the mattresses in the beautiful bedrooms. The philosophy of Marcus and Carol (sustainable and transparent) is effected into all details which will make your stay a most pleasant experience.

The website is in Dutch and English and you can mail or pick up the telephone and they will give you all information in English, German, French, Italian and Dutch.

Price: Year One: 1650 euro. Early birds inscription before November the 15th: 1500 euro.

This includes the teaching and the coffee, tea, fruit and snacks in the breaks.

A full detailed program will be sent.

Students who already have a basic training in homeopathy can already sign up for the second year starting in 2020.

Accommodation: aanaajaanaa has a double and a triple room available in the house and can help you with booking a private room in the vicinity. There is a nice monastery in walking distance renting rooms, besides many more options in the city center.

Special arrangement for our students: bed and breakfast and full board in aanaajaanaa: 185 euro for Friday and Saturday night per person in double/triple accomodation with bathroom ensuite. For nonresidents 110 euro (including breakfast in aanaajaanaa).

All meals are fresh, organic and vegan.

If there are special wishes for gluten free or other requests: please, tell Marcus and Carol.

Registration for the training: annevervarcke@thewhiteroom.be

For accommodation and meals: info@aanaajaanaa.be

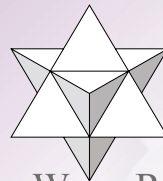


OUT_{of}
CLUTTER,
find
SIMPLICITY.

Albert Einstein

"In her teachings Anne combines common sense and practicality with a compassionate, deep psychological and philosophical understanding of the human nature. Even if this were the only thing you would take from her course, your life will be enriched with a broader perspective on the 'other', whether in your personal relationships or with your patients."

– Christel Lombaerts –



THE WHITE ROOM

www.thewhiteroom.be
annevervarcke.thewhiteroom.be

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